



NAFC UNDER 16 AND UNDER 18 HEAT POLICY

In accordance with the SANFL Heat Policy Regulations, and in conjunction with advice from JLT Insurance, we will ***not undertake a normal training session*** if the temperature on the morning of training is listed at 38 degrees or above in the Advertiser for that day.

If the temperature is 38 degrees or above in the Advertiser, ***the Under 16's will still meet at Greenacres, but at 6pm on these nights.*** They will practice match day set ups, often in a walk through situation. Depending on the temperature and the amount of shade some running may be incorporated into the session. Training will conclude by 7.00pm

The Under 18's will vary their activity. It may be a session at Greenacres commencing at 6pm, or a weights session here at the Club.

An update heat policy will be forwarded at the commencement of training, once we have new Coaches in place.

NEIL SANDERS
FOOTBALL DEVELOPMENT MANAGER